

Low back pain with disc herniation and high intensity zone

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Symptoms

83/F

C.C: Low back pain and Lt. flank pain (VAS=8)

onset/ agg) 2 weeks ago

P.I : Conservative treatment after slip down in the house

N/Ex.:

Motor : Hip flexion: 5/5, Hip extension: 5/5

Gait disturbance: heel gait/ toe gait/ hopping gait – impossible

Tenderness : +

PHx.: Posterior fixation T12-L2

(2004.04.18., The Most Holy Trinity Hospital)

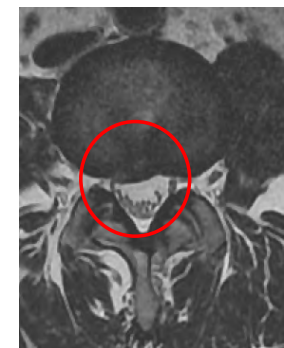
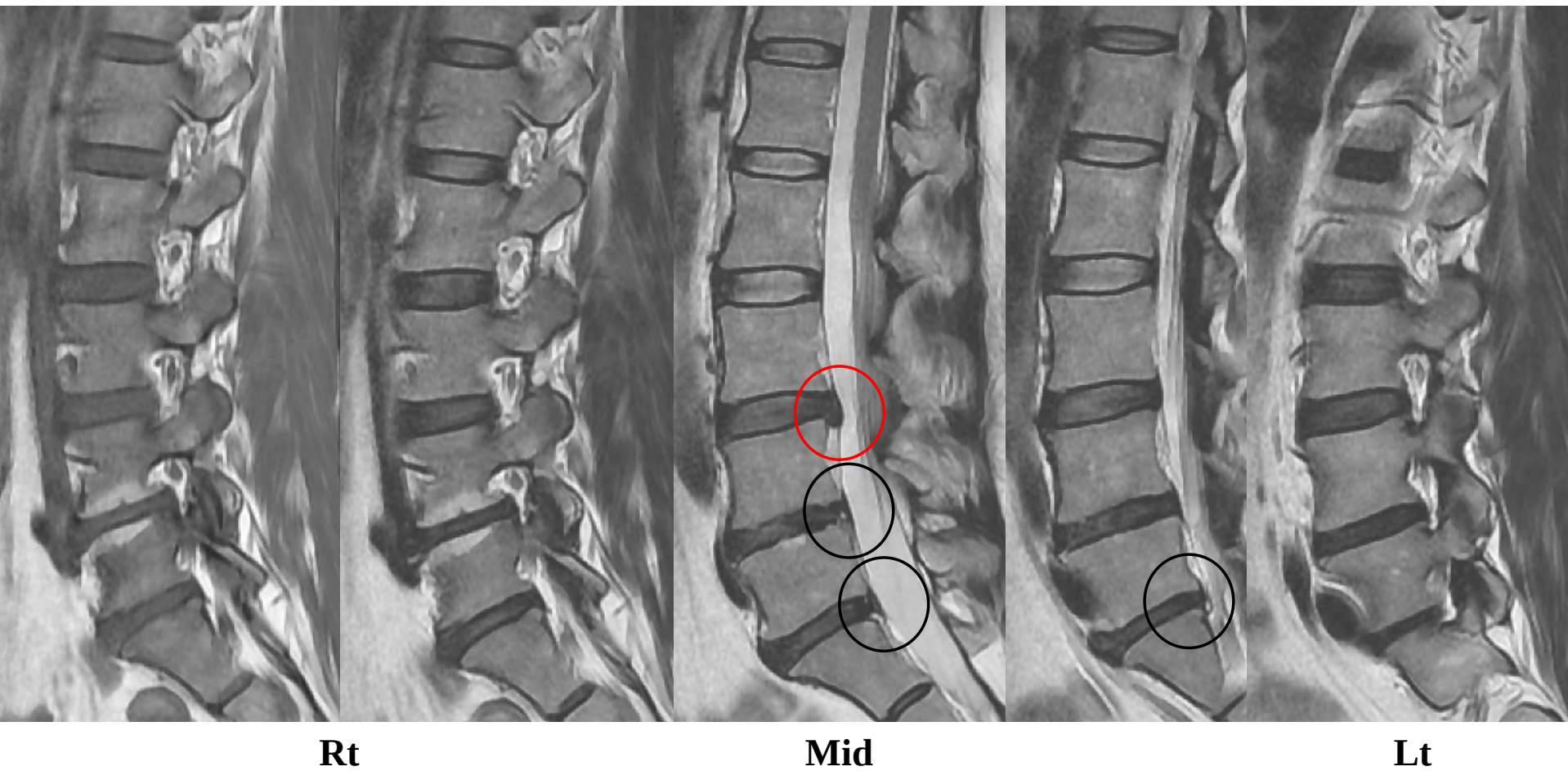
Total hip arthroplasty (2020.01.14.), Appendectomy (2010.08.)

Intestinal obstruction op (1 yr ago), Hypertension, Gastritis

Osteoporosis (BMD -3.4)



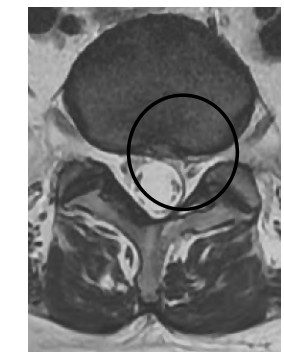
MRI



L3-4



L4-5



L5-S1

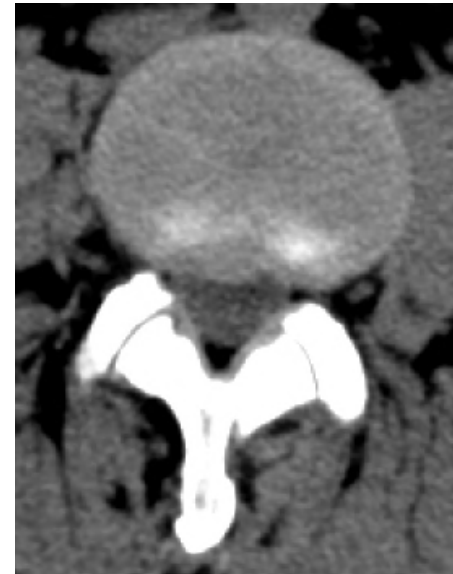
CT



Rt



Mid



L3-4

Problem List

1. Disc herniation on L3/4 Rt (Soft type)
2. HIZ on L4/5 L5/S1

Tentative plan

1. PELD on L3/4 Rt

Postop MRI



L3-4

Progress Note

POD #1

Improved low back pain and right buttock pain (VAS 2)

Discharge